

Understanding Insurance Coverage

Navigating insurance coverage for neuropsychological testing can feel overwhelming, but we are here to help. Many insurance plans cover testing when it is considered **medically necessary**—meaning the evaluation is needed to diagnose or manage a medical or neurological condition. Because policies vary, we work closely with families and providers to confirm coverage, obtain referrals, and complete any required pre-authorization before testing begins.

Insurance Coverage: Frequently Asked Questions

Will my insurance cover neuropsychological testing?

Yes, in many cases. Insurance typically covers testing when it is considered **medically necessary**—meaning it is needed to diagnose, clarify, or manage a medical or neurological condition affecting memory, attention, or other thinking skills.

What conditions are usually covered?

Testing is often approved for:

- Brain Injuries – concussion, traumatic brain injury (TBI)
- Stroke / Mini-Stroke (TIA)
- Memory & Dementia – Alzheimer’s disease, Parkinson’s disease, Lewy body, vascular, or frontotemporal dementia
- Epilepsy & Seizure Disorders
- Brain Tumors – evaluating effects of tumor or treatment
- Medical Illnesses Affecting the Brain – lupus, multiple sclerosis, liver disease, HIV/AIDS, Lyme disease
- Developmental Disorders – autism spectrum disorder (ASD), intellectual disability
- ADHD & Learning Disorders – sometimes covered when the evaluation is focused on a medical diagnosis

What is usually not covered?

- Testing for **non-medical purposes** such as:
 - School accommodations only
 - Workplace evaluations
 - Legal cases

Do I need a referral?

■ Yes. Most insurance providers require a **referral from your physician** (neurologist, pediatrician, or primary care doctor). This supports medical necessity and improves the chance of approval.

Do I need pre-authorization?

- In most cases, yes. Insurance plans often require **pre-authorization** before testing begins.
- Our office can help guide you through this process with your provider.

Important Reminder

Coverage varies by insurance plan. Always confirm details with your insurance company before scheduling.

■ **Contact our office today to verify your insurance coverage and schedule your evaluation.**